

The SMC Winner

**Special
Olympics
Maryland**
St. Mary's County



December 2019

Volume 1, Issue 3

IN THIS ISSUE

- ✓ Area Director's Corner
- ✓ Skiing
- ✓ Basketball
- ✓ Calendar
- ✓ Sports Highlight
- ✓ Snowshoeing
- ✓ Future Sports Training Times & Locations
- ✓ Sponsors & Partners

SPORTS Offered:

Winter Sports:

Skiing Snowshoeing
Basketball

Spring/Summer Sports:

Aquatics Athletics
Bocce Equestrian
Golf Kayaking
Sailing

Fall Sports:

Cycling Flag Football

Soccer

Area Director's Corner:

We have almost made it through a full year with me as the Director. I have learned a lot and I am looking forward to learning more in the years to come..

I want to let everyone our Spring Games will take place at St. Mary's Ryken High School this year in April. I was approached by several people about moving it to Ryken and they are excited to host Spring Games at their school. Remember this year will mark 50 Years Special Olympics has offered sports in St.

Mary's County. We will have to do something special to celebrate such a milestone!

I am still looking for younger people to help manage the programs. We need some younger coaches but also need younger Management Team members. Email me at somd.smc.director@gmail.com or call me at 301-904-1719 if you are interested.

NOTE:

We will be introducing a new Website soon! You will find all information needed to register for sports, check out pictures and read future newsletters that we will post. I will announce the site address soon as it becomes available.

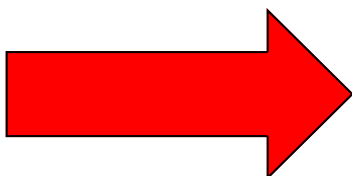
Thanks for your cooperation!





Just reminding everyone we are using the “RainedOut” messaging system to keep everyone informed on sport status (i.e. cancellations, time or location change, etc.) All you need is a phone with text capabilities. Sign up for EACH and EVERY sport you participate in. Contact your Coach for details or you can subscribe at: https://www.rainedout.net/team_page.php?a=2cd5d48d7543c5bf2289

Bowling is still closed!



Check us out on Facebook:

www.facebook.com/specialolympicssmc/

Sports Highlight:

Fall Sports

Kayaking



Some State Competition Results:

100M = 2nd & 3rd, Div-404

200M = 1st & 2nd, Div-601; 2nd, Div-602; 2nd, Div-620; 1st, Div-621; 2nd, Div-622

500M = 1st, Div-201; 1st & 2nd, Div-204; 3rd, Div-210

1000M = 1st, Div-801; 1st & 2nd, Div-802

Sailing



Everyone had a "Boat Load" of fun at the Sailing Regatta!

Sports Highlight cont.: *Fall Sports cont.:* *Golf*

This season we had several golf teams as well as a few athletes participate in the skills. See the fun had by all at the practices and tournaments.



**Thanks to Coach Bill
Lowe (golf coach)
and his lovely wife Ann
(golf skills coach) as well
as for all the support from
the community!**



**Skiing, Snowshoeing and Basketball starts in January!
Registration has been sent out and should be
completed**

Alpine Skiing

Alpine Skiing and Snowshoe will start Thursday January 2nd from 4:30 pm - 5:30 pm at Leonard Hall.



Snowshoeing

Alpine Skiing and Snowshoe will start Thursday January 2nd from 4:30 pm - 5:30 pm at Leonard Hall.



Due to practice being on the same day/time for Alpine Skiing and Snowshoe athletes can only participate in one or the other.

**Skiing, Snowshoeing and Basketball starts in January!
Registration has been sent out and should be
completed**

Basketball—Saturday morning practice

The Cornerstone Church 5v5 full court teams will start on Saturday January 4th from 7:30 am - 2:30 pm.

This practice session includes a 5v5 PDU team.

Green Holly 3v3 middle school, high school and adult basketball will start Saturday January 4th from 9:00am - 10:00 am.

Also at Green Holly the youth and adult skills will start Saturday January 4th at Green Holly from 10:00 am – 11:00 am.



**Skiing, Snowshoeing and Basketball starts in January!
Registration has been sent out and should be
completed**

Basketball—Monday evening practice

Adult 3v3 PDU and Adult 3v3 will start Monday January 6th at Green Holly from 5:30 pm -7:30 pm.

2 Adult 3v3 traditional teams are set to practice at Green Holly on Monday evenings.



Adult 3v3 PDU will start Monday January 6th at Green Holly from 5:30 pm -7:30 pm.



2020 CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	31 New Year's Eve	Jan 1, 2020 New Year's Day	2 Ski /Snowshoe 4:30PM	3	4 Skills / 3v3 / 5v5 / PDU Basketball
5	6 3v3 & 3v3 PDU Basketball	7	8 Management Team Meeting	9 Ski /Snowshoe 4:30PM	10	11 On-Snow Training Skills / 3v3 / 5v5 / PDU Basketball
12	13 3v3 & 3v3 PDU Basketball	14	15	16 Ski /Snowshoe 4:30PM	17	18 Skills / 3v3 / 5v5 / PDU Basketball
19	20 Martin Luther King Jr. Day No Practice	21	22	23 Ski /Snowshoe 4:30PM	24	25 Skills / 3v3 / 5v5 / PDU Basketball
26	27 3v3 & 3v3 PDU Basketball	28	29	30 Ski /Snowshoe 4:30PM	31	Feb1, 2020 Skills / 3v3 / 5v5 / PDU Basketball
2	3 3v3 & 3v3 PDU Basketball	4	5 Management Team Meeting	6 Ski /Snowshoe 4:30PM	7	8 On-Snow Training Skills / 3v3 / 5v5 / PDU Basketball
9	10 3v3 & 3v3 PDU Basketball	11	12	13 Ski /Snowshoe 4:30PM	14	15 Skills / 3v3 / 5v5 / PDU Basketball
16	17 President's Day No Practice	18	19	20 Ski /Snowshoe 4:30PM	21	22 Skills / 3v3 / 5v5 / PDU Basketball
23 Winter Games	24 Winter Games 3v3 & 3v3 PDU Basketball	25 Winter Games	26	27	28	29 Skills / 3v3 / 5v5 / PDU Basketball
Mar 1, 2020	2 3v3 & 3v3 PDU Basketball	3	4 Management Team Meeting	5	6	7 Skills / 3v3 / 5v5 / PDU Basketball
8 Swimming	9 3v3 & 3v3 PDU Basketball	10	11	12	13	14 Skills / 3v3 / 5v5 / PDU Basketball
15 Swimming	16 3v3 & 3v3 PDU Basketball	17	18	19	20	21 Skills / 3v3 / 5v5 / PDU Basketball
22 Swimming	23 3v3 & 3v3 PDU Basketball	24	25	26	27	28 State Basketball Tournament
29 State Basketball Tournament Swimming	30	31	Apr 1, 2020 Management Team Meeting	2	3	4



2020 CALENDAR, CONT.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
5 Swimming	6 Equestrian Starts this week	7	8	9 Bocce	10	11 Athletics Softball
12 Easter No Swimming	13	14	15	16 Spring Games No Bocce	17 Rain Date for Spring Games	18 Athletics Softball
19 Swimming	20	21	22	23 Bocce	24	25 Athletics Softball
2 Swimming	27	28	29	30 Bocce	May 1, 2020	2 Athletics Softball
3 Swimming	4	5	6 Management Team Meeting	7 Bocce	8	9 Athletics Softball
10 Mother's Day Swimming	11	12	13	14 Bocce	15	16 Athletics Softball
17 Swimming	18	19	20	21 Bocce	22	23 Athletics Softball
24 Swimming	25 Memorial Day	26	27	28 Bocce	29	30 Athletics Softball
31	June 1, 2020	2	3 Management Team Meeting	4 Bocce	5 Summer Games	6 Summer Games
7 Summer Games	8 Kayaking	9 Sailing	10	11	12	13
14	15 Kayaking	16 Sailing	17	18	19	20
21 Father's Day	22 Kayaking	23 Sailing	24	25	26	27
8	29 Kayaking	30 Sailing	Jul 1, 2020 Management Team meeting	2	3 Independence Day Observed	4 Independence Day
5	6 Kayaking	7 Sailing	8	9	10	11

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Stephen's Fund



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First Colony Center



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PERSONALIZED THERAPY



This page will be for our sponsors and partners logos. They will be displayed to show who in our community is supporting our athletes! If you know of other supporters please contact Jeff Hagen, 301-904-1719 so they can be added. Thanks to all those that support our athletes!



Through Volunteers and Financial Support, our Athletes Succeed!!

Special Olympics Maryland—St. Mary's County (SOMD-SMC) relies on volunteers and donations to run the quality programs here in the county. The following individuals or organizations (not all inclusive) have donated their time or financial support to our local program. If you see any of these folks, say THANK YOU!

A special THANK YOU for the generous donation from the Charlotte Hall Rotary and Stephen's Fund as well as the Knights of Columbus!

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Special Olympics Maryland
St. Mary's County
P.O. Box 921
Hollywood, MD 20636



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Change of Address, Change of School—
LET US KNOW!

Attention Students - Please let us know if you
changed schools !! Email stmaryssoreg@gmail.com

Medicals are good for 3 years. Updated medicals
are due **prior** to the beginning of practices
for a new season.

No athlete can participate in a sport
without an updated medical.